



# Morning Routine

For

Time	Task/Activity	Sun	Mon	Tue	Wed	Thu	Fri	Sat
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*“The morning was full of sunlight and hope” - Kate Chopin*



# Afternoon Routine

For

Time	Task/Activity	Sun	Mon	Tue	Wed	Thu	Fri	Sat
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*“Make each day your masterpiece” - John Wooden*



# Evening Routine

For

Time	Task/Activity	Sun	Mon	Tue	Wed	Thu	Fri	Sat
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*“The perfect day begins with a good evening” - Ryan Holiday*